



# Hertfordshire – an overview

- 282,000 children and young people (CYP) under 18
  - of these, 172,000 attend one of more than 530 educational settings
  - 91.7% of Hertfordshire schools rated good or outstanding by Ofsted
- 21,700\* CYP could benefit from a CAMHS service
- Lower than national average of CYP with statement of educational needs or Education, Health and Care Plan
- Lower than national average for CP, CiN and CLA
- Around 2,700 on current HPFT CAMHS caseload
- A number of local NHS providers with strong CQC ratings for children and young people
- Children's Services rated GOOD at last Ofsted inspection

\* 2004 prevalence estimates

# Young People say

“Sometimes it feels like we have to go to one service to get one thing fixed and then another for something else, it would be better if we could do all of it at once and not have to keep saying the same thing but to different people”

***“I've worked with lots of professionals and fancy titles don't mean anything, it is the people who really care and I can talk to that make the difference”***

**“Having to miss school to go to appointments makes me feel worse as I have to catch up on school too”**

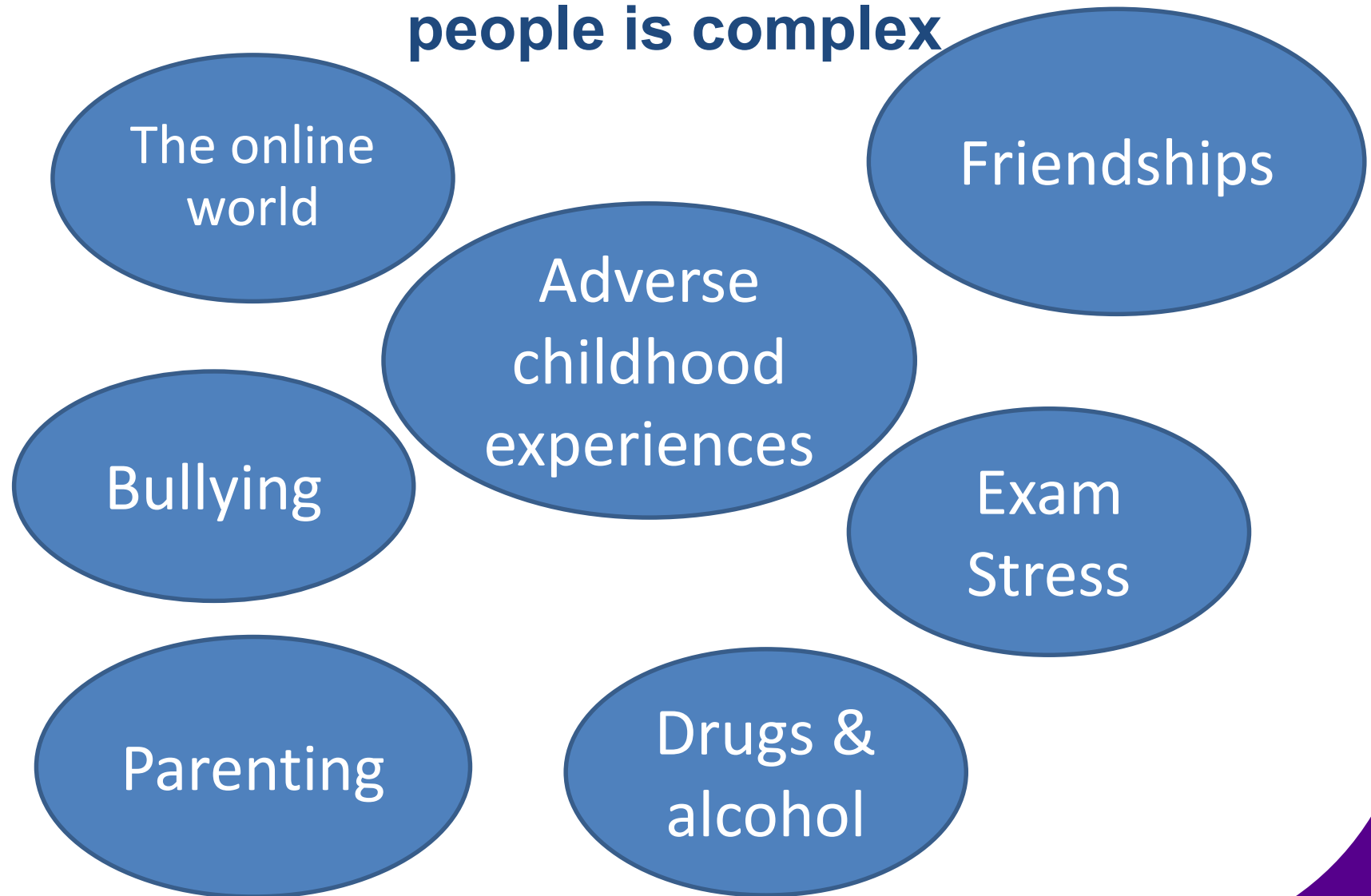
“We want to help ourselves, sometimes we just need pointing in the right way”

***“I want someone I can talk to who respects me and what is important to me”***

# Hertfordshire CAMHS Transformation

- Local review in 2015 and comprehensive needs assessment made case for change, with:
  - a system that lent itself to crisis management
  - concerns about waiting times, in particular from children and young people
  - One in 10 CYP likely to need support
- Hertfordshire's CAMHS Transformation Plan signed off by Hertfordshire Health and Wellbeing Board

# Emotional wellbeing for children and young people is complex



# Prevention and Early Intervention

- Families First Early Help Model
- Kooth and Tier 2 expansion – over 3,000 CYP engaged and supported
- National CAMHS Schools link pilot developed into sustainable model for CAMHS School links
- A multi-agency countywide Mental Health First Aid Training programme
- Tools for Schools, GPs and social workers

# Crisis Support

- Social care crisis support
- Crisis support in acute hospitals – 9am-9pm 7 days a week
- CAMHS inpatient beds – HPFT have now taken on responsibility for these

# Funding in Hertfordshire

- CCG additional investment of £2.8million on an ongoing basis – a 25% increase (total investment now £13.7million)
- Lack of clarity about future additional NHS funding
- Investment by other partners is less clear cut as many services have an element of prevention and early intervention - Children's Services invests over £21million per annum in services that contribute to supporting improving emotional wellbeing



# Areas for development self-identified to CQC

- Clarity and understanding from the wider workforce on promoting emotional wellbeing, particularly on tier 1 & 2 services
- More to do on identified national and local priorities up to 2020 – e.g. improving access
- Multi-agency pathways which allow children and young people to move seamlessly through the system
- Using existing partnership arrangements with schools, continue the development of sustainable models for CAMHS and schools

# Local messages for the CQC national review

- Good emotional wellbeing is everyone's business:
  - Solutions: strong & well-embedded strategic arrangements and multi-agency partnership working
  - Building prevention and resilience early is crucial
  - Incorporate into commissioning agreements
  - Increase understanding of emotional wellbeing
- National systems can impact on local organisations and arrangements to work as effectively as possible
  - Data sharing issues need resolving

## Local messages for the CQC national review

- A range of skill mix, knowledge and confidence across agencies is key to addressing and supporting capacity
- NHS Access target is limiting. There needs to be a recognition of the whole system and encouraging the focus on early intervention and prevention community models which are coproduced with children, young people and their families
- Fragmented commissioning across the children and young people's landscape

# Programme for the day

- Watford General Hospital visit feedback
- Early help through Families First
- Responding to crisis through social care
- The government's Green Paper – “Transforming CYP Mental Health Provision”
- Prevention and early help through Public Health
- Responding to crisis through NHS CAMHS:
  - Community
  - Inpatient beds